

ARISE*news*

Winter 2021



Look What's Happening at ARISE in Madison County

ARISE is excited to combine its Independent Living services in Madison County with its inclusive recreation programs at ARISE at the Farm within a renovated and expanded building at the Farm on New Boston Road in Chittenango.

Renovations to our existing barn started in the fall, and construction crews made quick work of building a brand-new addition to the barn. Work is expected to wrap up soon in the New Year. Our one-of-a-kind interdisciplinary Independent Living Center for Madison County will be the hub for services like Community Habilitation, Education Advocacy, Independent Living Skills Training and Peer Counseling as well as adaptive horseback riding, Farm Camp and other inclusive recreation programs. The addition creates new accessible stalls so that all riders can tack and groom their horses more readily. The addition also houses a new hay loft and larger tack room. We renovated existing work space and created new accessible offices, upgraded the kitchen area for staff and installed information technology upgrades. These changes complement our existing Farm facilities like our fully inclusive playground, sensory trail and paved "people path." A grant from New York State's Nonprofit Infrastructure Capital Investment Program (NICIP) and private donors made much of the project possible.





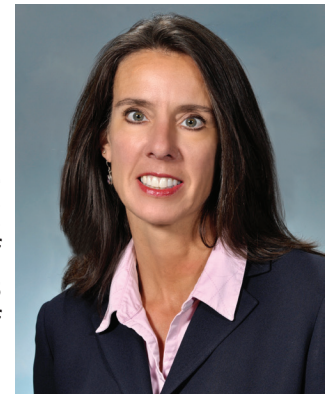
Adaptive Design Workshop Moves

ARISE Adaptive Design has a new home in the recently renovated ARISE building at 635 James Street in Syracuse. The end of the lease in the workshop's former location perfectly coincided with the new space's availability. No matter the location, ARISE Adaptive

Design brings together talented and committed volunteers and families to design and build custom adaptive equipment from low-cost materials like sturdy cardboard and with tools like 3-D printers. The new workshop site offers better parking, more accessibility, and more flexible space than the previous site. Connor McGough, ARISE Adaptive Design Program Coordinator, said "I'm excited about all the new memories that we will create at our new location. With a new year comes new opportunities, and this is especially true with a new, improved and centrally located workshop. Stay tuned everyone, big things are ahead for ARISE Adaptive Design!"

A Message from the CEO

There is a special excitement in watching a project come together. At ARISE at the Farm, flat architectural drawings became reality over a few amazing weeks. In ARISE Adaptive Design, our staff and volunteers create custom equipment using pieces of cardboard, parts of toys, extruded plastic and – most importantly – their imaginations of what is possible. Imagination is surely the foundation of much of the work of UNIQUE magazine, a project going into its 21st year at ARISE.



Tania S. Anderson, CEO

Other recent projects at ARISE were less glamorous but certainly crucial during the ongoing COVID pandemic. We invested in our buildings' air quality and installed other equipment to keep staff and visitors safe. We converted our mental health clinic to telehealth services so that clients could securely and conveniently receive services. We used special grant and existing funding to deliver resources to families needing help with food, rent and personal protective equipment.

ARISE's dedicated staff can respond to a crisis and plan for the future. Our newest staff member, Development Officer Tim Mahar, is dedicated to connecting you to all that ARISE can do. You can reach him at tmahar@ariseinc.org. As an Independent Living Center, ARISE is a vital component of an overarching civil rights project creating an accessible, inclusive and just world. Now, that's exciting!



Getting Ready for UNIQUE 2021

ARISE is already planning for the late summer publication of UNIQUE Art and Literary Magazine. Each year, artists throughout Central New York who happen to have disabilities submit their work to ARISE. A panel of local judges decides which pieces will be published in UNIQUE. Thanks to our generous partners at the Everson Museum of Art, all of the work is displayed in this premier Syracuse venue. UNIQUE features oil painting, watercolors, digital art, photography, mixed media, narratives and poetry.

Sue Ellis, a poet from Cayuga County, has been published in UNIQUE for several years. She says, "I was given this gift to write" and UNIQUE offers her a way to express herself. Ellis also says when she sees her work in the magazine, it "encourages me to keep going."

UNIQUE represents the power of art to express, educate and inspire. It also aligns with ARISE's independent living philosophy, the belief that people with disabilities have a right to self-determination, and our commitment to ensuring people with disabilities live full lives of work, play, creativity and community.

Please consider submitting your work for consideration for UNIQUE. Applications will be posted on our website (<https://ariseinc.org/recreation-art/unique-magazine/>).



"Field of Discourse" by Rick DiBianco UNIQUE 2020

Wheelchair Charging Stations

A new wheelchair and scooter recharging station is onsite at ARISE's Syracuse office! Thanks to funding from the National Association of Chronic Disease Directors and a partnership between ARISE and HealtheConnections, this charging station is available for individuals who need a boost for their power wheelchairs or scooters. Similar chargers are in place in Oswego and the New York State Fairgrounds thanks in part to the work of ARISE advocates.

The unit was developed by the Clearview Disability Resource Center in Pendleton, Oregon. Three more charging stations will be donated to parks in and around Syracuse this spring.



Connor McGough-ARISE with his service dog, Topper, and Mary Carney of HealtheConnections

About Us

We are a non-profit Independent Living Center, we are organized and directed by people with disabilities.

We work to ensure that every person, regardless of disability, has the power to make life choices and achieve his or her dreams!

Our Locations

Main & Onondaga County Office

635 James Street
Syracuse, NY 13203
(315) 472-3171

Oswego County Office

Creekside Plaza
293 State Route 104
Oswego, NY 13126
(315) 342-4088

Fulton Mental Health Office

113 Schuyler Street, Suite 2
Fulton, NY 13069
(315) 887-5156

Cayuga/Seneca County Office

21 Lincoln Street
Auburn, NY 13021
(315) 255-3447

ARISE at the Farm Madison County Office

1972 New Boston Road
Chittenango, NY 13037
Office: (315) 363-4672
Farm: (315) 687-6727

Look for us at

www.ARISEinc.org



Our mission is to work with **people of all abilities** to create a fair and just community in which **everyone** can fully participate.

ARISE

f o u n d a t i o n

Hello Bert!

Meet the Farm's newest horse, Bert! Pictured with Bert is Pam Getek, who delivered the Belgian Pony to the Farm in late November. Pam and her husband Bob made a significant donation to help us acquire Bert. Farm Manager Laura Little says Bert is training well and getting ready for our riders.

