



ARISE

REPORT TO THE COMMUNITY 2013



Independence and Access for All

A MESSAGE TO OUR FRIENDS



We suspect that hundreds, and we hope thousands, will read this report, and may begin with this letter. We might ask, “What do all of us, from many backgrounds, with many interests, have in common?” Let us suggest that we all hope for the best for those we hold dear. We want to remove any barrier, whether physical or attitudinal, that would block a path.

We know that the dreams of some who are labeled as having disabilities are often blocked, denied, and out of reach.

At its core, ARISE is dedicated to ensuring that every person, regardless of disability, has the power to make life choices. People of all abilities come together as board leaders, staff members, consumers, family members, volunteers, community partners, and friends to support these choices.

Our organization continues to operate more than 50 programs in multiple counties with remarkable results. Sound fiscal and management practices, commitment to professional development and best practices,

and an unwavering focus on continuous quality improvement ensure that we are meeting our mission in the most effective and efficient ways.

We are proud to share with you a report on our work to remove barriers, sustain needs, strengthen skills, and enrich lives. You’ll read about some of the ways that individuals have achieved success in 2012, about system changes that enhance opportunities for us all, and about new efforts.

As we celebrate those achievements, we express our appreciation for the dedicated individuals who share their skills and hearts as members of our staff. We want to acknowledge and thank also the many people, community

partners, and organizations that help to make our work possible. And we continue to be grateful to Dr. Jim Marshall,

whose gift of the property and barn that became ARISE at the Farm has touched thousands of lives. Our plans to add a new facility to the Farm will be unveiled this year.

There is much work to do, and we are ready to embrace opportunities as they emerge. We look to the future with excitement, enthusiasm, and confidence.

Tania Anderson, Board President

Tom McKeown, Executive Director

Our mission is to work with people of all abilities to create a fair and just community in which everyone can fully participate.



ARISE

ON THE MOVE - 2012 IN REVIEW

Removing Barriers. Sustaining Needs. Strengthening Skills. Enriching Lives.





REMOVING BARRIERS

From eliminating physical barriers to changing attitudes, we create a more inclusive society that protects, preserves, and promotes civil rights and equal opportunities for people of all abilities. You can join the movement.



2012 Highlights:

- **Our Disability Awareness and Sensitivity Workshop was integrated into the curriculum at a local school.**

All year long, our advocates work with teachers and students of all ages to challenge stereotypes and teach them how to interact and communicate with people who have disabilities. In 2012, we were thrilled that a local high school incorporated our disability awareness training into their curriculum. Through continued outreach, not only are we raising disability awareness in our community, we are paving the way for a more inclusive future.

- **We continued our advocacy to increase accessibility at schools, businesses, public buildings, and medical centers.**

From accessible entrances and curb cuts to closed-captioned films and accommodations at Chevy Court at the NYS Fairgrounds, we performed accessibility assessments and worked with local organizations to create greater access for people of all abilities. By making sure spaces and places are open to all, we enrich our collective experience and enhance life in the community.

- **A collaboration with local partners and government agencies improved pedestrian safety.**

Two busy intersections in the City of Oswego are now much safer thanks to increased pedestrian crossing times and new Audible Pedestrian Signals (APS). The APS provide audio and visual cues that increase accessibility and allow all pedestrians to cross the street independently and more safely. Like curb cuts, accessible features not only benefit people with disabilities, they offer greater access for all.

- **We helped people overcome communication barriers by providing training and access to new technologies.**

Every person has the right to be heard. When our staff at the Farm met Leo, who uses an iPad to speak, we were determined to find a way for him to communicate fully during his riding lessons. Our instructor got creative and found a way to mount his iPad onto the saddle. Leo delights in his ability to tell the horse to stop and go. From working individually with consumers to obtain communication devices to hosting a special workshop on iPad technology, we are determined to make sure that everyone's unique voice is heard.

“ARISE seeks to create a society that views disability in a different way, seeing each person as a member of the community first and foremost.”

-Nina Lutz

ARISE Director of Independent Living Services



Your Stories: Ava

At six years old, Ava had already undergone nine surgeries in her battle with cancer. With another surgery scheduled, this time on her feet, Ava would need to use a wheelchair during her recovery. The front steps of her house suddenly became a barrier. Her family worried about how she would safely come and go.

Thanks to our Oswego County Ramp Program and volunteers from Operation Northern Comfort, a ramp went up at their house before Ava's surgery. Now, the only thing Ava and her family had to focus on was healing and recovery.

Since 2004, our Oswego County Ramp Program has helped over 140 families regain the freedom to come and go from their homes. Thanks to the outpouring of support from the community and our dedicated volunteers, we were able to complete a record-breaking 32 ramp projects in 2012.



SUSTAINING NEEDS

From helping families move out of crisis situations to transitioning people out of nursing homes, our person-centered approach provides security, safety, and hope to people with disabilities. You can join the movement.



2012 Highlights:

- **We helped families move through difficult situations so they can focus on rebuilding their lives.**
From making sure a newly-separated family with young children had propane for their heat to helping a young woman achieve financial independence after leaving an abusive relationship, we assisted people as they moved out of emergency situations and helped them look to the future. We reach out to our neighbors and build up the community, one family at a time.
- **We made sure everyone is able to live a life of dignity and respect.**
When we found out that a sixteen-year-old boy who uses a wheelchair had to physically crawl up and down the stairs just to get to his family's second-floor apartment, we took action. Our advocates worked with his family to find an accessible first-floor apartment just across the street, and secured funding to cover their security deposit. We are committed to ensuring that people with disabilities have lives filled with dignity, respect, and independence.
- **We provided supports so families could stay together and people could live at home.**
Through our Consumer-Directed Personal Assistance Program (CDPAP), Joe was able to receive the full care he needed while his wife was able to keep her job and help support the family. Even better, the couple was able to stay together in their own home. Every day, our personal care assistants working through CDPAP ensure that over 190 of our neighbors remain in the community and receive the care that they need, on their own terms.
- **We continued our commitment to help people move out of nursing homes.**
In the three years since we became the official Regional Resource Development Center (RRDC) of the NYS Nursing Home Transition and Diversion Waiver Program, the program grew from serving 7 people to 135. Meanwhile, our work as the RRDC for individuals with traumatic brain injuries continued to expand as we served 341 people in the community. Through effective outreach and active management, we continue to ensure that people receive quality, meaningful services so they can regain control over their lives and remain independent at home.

“ARISE has always been there to help in every way possible to meet my son’s needs as well as that of our family.”

-John Bosco

ARISE Foundation Board Member



Your Stories: Bill

On a rainy Friday afternoon, one of our advocates received an urgent call from a man in distress. Bill didn't have a place to stay and had been living in a tent in the woods. It had been raining non-stop for days and his tent had just collapsed.

Bill, who has epilepsy, told us he was experiencing 30 seizures a week because of his stressful situation. Homeless and without any supports, he didn't know what to do.

Because of our free advocacy services, we were able to take action immediately. Our advocates worked with Bill to secure emergency cash assistance, apply for benefits, and find an apartment. Now, with a warm place to stay and a stable foundation, he is on the path to rebuilding his life.



STRENGTHENING SKILLS

From teaching coping mechanisms to working with people to gain essential job skills needed for employment, we empower people with disabilities so they can lead a life of inclusion, participation, and independence. You can join the movement.



2012 Highlights:

- **We are committed to helping people with disabilities find and keep meaningful employment.**

Obtaining employment remains a major barrier for people with disabilities. The 2011 Disability Status Report from Cornell revealed that while 76% of people without disabilities are in the work force, only 33% of people with disabilities are employed. Our employment consultants work every day to bridge that gap. In addition to reaching out to 1,198 businesses to establish new partnerships, we also helped 71 people secure meaningful jobs in our community.

- **A record number of consumers in our skill-building programs volunteered in the community.**

In 2012, we were proud to double the number of consumers who took part in meaningful volunteer work. From helping animals at local rescue shelters to preparing lunches at community food banks to assisting at area cultural centers, our staff worked with consumers to find opportunities that matched their interests. Volunteering is a great way for consumers to develop valuable pre-vocational, communication, and social skills. Their efforts make a difference and their connections to the community grow.

- **Our social skills classes helped people of all ages develop important life skills.**

From teaching money management to the importance of personal space, our social skills classes covered a broad range of topics that helped people develop important life skills and increase their confidence. This past year, with the support of OPWDD (NYS Office for Persons with Developmental Disabilities) Family Support Services, we were pleased to offer special six-week workshops for both children and parents that focused on identifying and defusing bullying situations.

- **Expanded mental health services allowed us to increase access and reach more people in need.**

We continued our efforts to increase community access to quality mental health services. In addition to expanding our school-based mental health program with three new locations, we also added therapy sessions in Syracuse on Saturdays and increased our presence in Oswego County. Funding from the NYS Office of Mental Health also allowed us to place an ARISE therapist in the Adolescent Pediatric Clinic at SUNY Upstate. Now, children in our community have access to quality care that addresses both their physical and mental needs all in one place.

“ARISE understood the challenges my son faced but would not let these challenges interfere with making sure he was successful.”



Your Stories: Kevin

For some, going out to eat at a restaurant can be very intimidating. From placing an order to calculating the tip, there are many implied life skills at work.

For Kevin, who is non-verbal and uses his own personal version of sign language, that meant providing continued support as he worked on developing important social and communication skills.

Our staff works individually with consumers to teach them how to be successful as they participate in the community. Now, after working with our staff, Kevin is able to visit a couple of local diners and place his own order.

The employees at the diners not only know him, they have developed special ways to communicate with him. We are confident that Kevin can now go to either diner independently without needing any assistance.



ENRICHING LIVES

From inclusive summer camps and therapeutic horseback riding to our adaptive ski program and social groups, we provide people with disabilities access to year-round recreation, art, and adventure. You can join the movement.



2012 Highlights:

- **Children and young adults developed friendships and shared in fun experiences through our social clubs.**
Whether it was bowling, catching a movie, or indoor rock climbing, we continued to provide safe spaces for people to come together, socialize, and share their experiences. Through our SibShops group in Oswego County for children with siblings who have a disability and our Madison County Young Adult Club for teenagers and adults transitioning out of high school, we offered opportunities for people to develop lasting friendships and have fun!
- **A record number of children experienced a summer filled with smiles and fun memories.**
We were delighted to have over 225 children and 50 volunteers share in the summer camp experience at the Farm. Our inclusive programs meant that everyone, regardless of disability, could participate and join in the fun. From flying on the high ropes course to learning how to groom and tack a horse, the Farm is a place where everyone is always respected, valued, and free to learn and grow in their own way.
- **Skiers and volunteers flew down the slopes at Toggenburg through ARISE & Ski.**
Through the continued generosity of the Hickey Family at Toggenburg Mountain Winter Sports Center as well as support from Alliance Bank and our incredible volunteers, we were pleased to offer the 16th season of ARISE & Ski. For six weeks, skiers and snowboarders young and old and with all types of disabilities hit the slopes, took on new challenges, and conquered personal goals, right alongside their family and friends.
- **Our respite programs enriched children's lives while giving parents a much-needed break.**
In Oswego County, we were proud to offer relief to a record number of parents by providing safe and fun supervision for their children. Meanwhile, in Onondaga and Madison counties, we added respite during Regents Exams and began a new Thursday night art club. We were thrilled when the parents of one of our consumers told us they were able to go on their first date in years because they trusted us to provide quality care for their adult son.

“[Through ARISE & Ski] I was able to forget about my wheelchair and its limitations, and was able to take on the mountain just like anyone else could.”

-Connor McGough
ARISE & Ski Participant



Your Stories: Anna-Marie

UNIQUE is an annual art and literary magazine that celebrates the creative voices of people with disabilities across Central New York. We were thrilled to premiere UNIQUE 2012 at the Everson Museum of Art and organize a series of traveling exhibitions throughout the community.

Using art as a tool of self-expression, Anna-Marie illustrates her experiences living with schizophrenia by carefully cutting, piecing, and sewing together scraps of fabric. This year, she decided to submit her fiber art piece, *Self-Portrait*, to UNIQUE.

Anna-Marie grew up in Madison County and dreamed of one day having her work exhibited at the Everson. Little did she know, not only was her piece selected for the exhibit, it was featured on the cover of the magazine. On the night of the opening reception, we watched with delight as Anna-Marie walked into the Everson and exclaimed, “It’s me!”

LOOKING TO THE FUTURE



ARISE first touched my heart when my friend, Marianne, shared news about her nephew's success. Here is how his mother, Michelle Guilfoil, tells the story:

It's been two years since we were

introduced to ARISE. My son Marc lives with some challenges requiring life skills support, one of which was supported employment. Working with an ARISE counselor and job coach, he got a job. We were surprised when, after only a few months of on-the-job coaching, he was able to work independently.

My most proud moment was when Marc came home with the "Employee of the Month" plaque he received after six months on the job! This was a testament to the outstanding support ARISE has provided and to the pride Marc puts into his job.

I recall being skeptical when I heard where Marc was going to work. I challenged his counselor and didn't give either of them enough credit for what Marc could do. His counselor said to me, "We don't just place our clients in jobs, we focus on helping them conquer their fears." He was so right. Our lives have changed because of ARISE. I came across this quote by John Wooden that I thought fits Marc's experience perfectly and what ARISE is all about:

"Don't let what you cannot do interfere with what you can do."

I have learned that working with ARISE, people all over the region move forward on their path to success.

Every person involved in the ARISE Foundation has their own reasons for making a commitment to ensuring the future of ARISE. For some like me, the initial connection was personal: as a consumer of ARISE or as a loved one of someone

who has worked with ARISE. For others, encouragement from a friend or colleague was the catalyst. While our reasons are unique, we share a deep passion for ARISE's mission and this extraordinary organization.

It can be hard to make a commitment to devote one's time and resources to yet another thing. A decision to support ARISE, however, is easy.

ARISE shines in every way. Auditors reviewing the fiscal and management practices give stellar reviews, as do those who perform program audits.

Consumers and family members express enthusiastic satisfaction and longtime volunteers are more dedicated than ever. ARISE staff members are talented and creative, and they never give up.

Every single day, lives are changed and enriched, and our community becomes a better place for us all.

We are committed to increasing resources so that ARISE can grow and do even more. Our goals are lofty, and our determination is strong.

We invite you to join us in this powerful movement. You can help with one of our events, spread the word, or make a gift to support a specific program.

It doesn't take a lot to make a big difference. And there's no better feeling than joining in ARISE's efforts to change the world.

Denise McGraw, ARISE Foundation Board Chair



ARISE

TODAY AND TOMORROW

New Partnerships. Neighbors Helping Neighbors. Looking to the Future. Join the Movement.





NEW PARTNERSHIPS

From providing support to our veterans to increasing community access to mental health care, we are grateful to all of our partners who collaborate with us in our work to meet the needs of the community. You can join the movement.



Today and Tomorrow:

- **Corporate Disability Awareness**

Increasing disability awareness is an ongoing effort and we were pleased to partner with BNY Mellon to promote a more inclusive corporate culture that celebrates diversity and inclusion. What began as a plan to provide two of our one-hour workshops at a local BNY Mellon office quickly grew to our participation in their corporate town hall for managers across the U.S. We were touched by the many parents who came up after the presentations to express their thanks as they shared personal experiences of raising a child or having a family member with a disability. We salute BNY Mellon for their progressive policies and are proud to work with companies to encourage the best possible workplace and workforce.

“To us, diversity and inclusion is a business imperative and a reflection of what is best in all of us. By incorporating Disability Awareness Training into our global Diversity & Inclusion agenda, we’re that much closer to fulfilling our potential, while serving our clients, employees, and communities.”

-Frank Dittrich

Executive Vice President, BNY Mellon
Americas Client Service Delivery and Executive Sponsor for HEART
(Helping Each Ability by Respecting and Teaching) Affinity Network.

- **Collaborative Equine Therapy Program for Children**

Thanks to major support from OnCare and additional support provided by the EQUUS Foundation, we were pleased to launch an innovative new approach involving our mental health services and ARISE at the Farm. The Equine Therapy program gives children who have a history of trauma the chance to develop self-control, trust, and confidence.

For each session, eight children ages 8 to 12 had the opportunity to go to the Farm on eight separate days. From grooming horses to cart driving and horseback riding, the kids had new experiences as our therapists worked with them to teach and reinforce coping skills and positive behaviors. We were thrilled to see the kids develop new skills, make new friends, and thrive.

Originally slated for three groups of kids over three sessions, the program was so successful that OnCare has pledged support to continue this great collaboration. We look forward to continuing our work to provide innovative care that meets the needs of our community.

“ARISE has the willingness and the determination to adapt their mental health services to best meet the needs of children, youth, and families. They have been a key partner in the OnCare initiative – providing early recognition and screening services, expanding school-based clinics, and developing an equine therapy program for children who have experienced trauma. The ARISE staff are creative, compassionate, and willing to go the extra mile to serve our community.”

-Linda Lopez

Project Director at OnCare (Onondaga County System of Care)



Veterans Outreach

Through our new Veterans Outreach Program, we’re proud to serve as a community resource for local veterans with disabilities.

Whether it’s finding affordable and accessible housing, securing employment, applying for benefits, or accessing mental health services, our Veterans Outreach Coordinator is there every step of the way.

In 2012, we also started a new Veterans Focus Group run by local veterans. Members of the group come together to share their experiences and the different challenges they face. Together, they identify barriers, develop strategies, and advocate for change.

As we look to the future, we are proud to continue efforts to empower veterans and help them successfully transition back into the community.



NEIGHBORS HELPING NEIGHBORS

From collecting pledges in support of their ride to organizing volunteer groups of colleagues, we are so grateful for all the people who come together to create a community that offers independence and access for all. You can join the movement.



Today and Tomorrow:

- **Neighbors come together to cycle, play, volunteer, and raise money in support of ARISE at the Farm.**
Our dedicated planning committee worked all year, generous sponsors lent their support, enthusiastic volunteers from BNY Mellon Bank helped prepare the food, and so many friends came together to cycle and play in support of inclusive recreation. ARISE & Ride at the Farm gets better every year. We hope you'll bring the entire family and join us on July 27, 2013 to make even more dreams possible at the Farm!
- **Engines roar as bikers and cyclists raise money to build ramps at the annual ARISE & Ride for Ramps.**
As the need for ramps across Oswego County continues to increase, generous friends come together each year to raise money in support of our Oswego County Ramp program. Whether you ride or lend a hand, there's something for everyone to do. Big new plans are in place for the 5th annual event on June 8, 2013 that raises funds for our neighbors to regain access to their homes.
- **The community came together to hold a special formal dance in Oswego County for our consumers.**
What started as an idea from one of our interns became reality as the community came together to put on "A Night Under the Stars." Thanks to the people who donated suits and formal dresses, and with additional support provided by Pathfinder Bank and SUNY Oswego's Alpha Epsilon Phi sorority, it was an unforgettable night filled with memories for a lifetime.
- **UNIQUE Magazine travels throughout the community.**
Featuring the creative voices of people with disabilities across Central New York, the 2012 UNIQUE Art and Literary Magazine contains 61 pieces of incredible work. Following another wonderful Opening Reception and Exhibition at the Everson Museum of Art, many partners joined in this celebration. Community exhibitions have been hosted by: Literacy Coalition of Oswego County, Morningstar Residential Care Center, Temple Adath Yeshurun, May Memorial Unitarian Universalist Society, the Offices of Senator Patricia Ritchie and Assemblyman William Barclay, Syracuse University Office of Disability Services, Syracuse Stage, and Hospice of Central New York.
- **Special screening of *The Movement* generates support and kicks off the 17th Season of ARISE & Ski.**
A special screening of *The Movement*, a Warren Miller documentary about adaptive skiing, brought together skiers and volunteers to raise money and jump-start the beginning of the 2013 ARISE & Ski Season.



Your Stories: Bob & Kris

Bob and Kris learned that their friend and neighbor, Connor, signed up for a program called ARISE & Ski. He also visited ARISE at the Farm. Bob and Kris liked what they heard, paid a visit to the Farm, and have been passionate volunteers ever since.

Once a week, Bob and Kris drive 1½ hours each way to sidewalk and lead horses during our therapeutic horseback riding lessons. During the Farm's second 21-Day Challenge, not only were they quick to sign up to help, they volunteered during many of the 21 days. On the last day, Bob and Kris shared that they were sad to see it end.

Running a 77-acre horse farm is a major undertaking, as is providing high-quality, fully inclusive recreation and therapeutic riding programs. We are grateful for all of the wonderful people who share their time, talent, and resources to make magic happen at the Farm.



LOOKING TO THE FUTURE

As we look ahead, we will continue to meet emerging needs, maintain our high-quality services, and maximize resources in order to create a better tomorrow filled with inclusion and equal opportunities. You can join the movement.



Today and Tomorrow:

- **We are committed to fostering a community that values true inclusion and diversity.**

At the core of everything we do, it all boils down to independence and access. We want to create a fair and just community that offers everyone, regardless of their disability, the opportunity to live a full and meaningful life.

- **We are committed to continuing our innovation of new programs like the 21-Day Challenge.**

When Casey, the mom of one of our therapeutic horseback riders, came to our staff and mentioned the 21-Day Habit Theory she had heard about from one of her friends, we were intrigued. With the hope of jump-starting major physical gains in our riders, we developed a new program that put the theory to test. With the generous support of donors and volunteers, we were able to host not just one, but two 21-Day Challenges in 2012. The results were simply remarkable. Perhaps the parents of Gavin, one of the riders, put it best:

Days of riding: 21

Miles driven: 1,050

Gas: \$250

Minutes in the car: 1,680

Minutes riding: 630

Gavin's progress with head & trunk control AND his joyful screeches & giggles for riding horses: PRICELESS

- **We are committed to continuous quality improvement to maintain the highest quality services.**

Dedication to professional development and best practices assures our efforts to continue providing services that have the greatest impact.

- **We are committed to maintaining our strong fiscal management as we continue to maximize our resources.**

While the economy and cuts in government support have been tough, our steady financial leadership and strategic planning have allowed us to remain strong as we continue to meet community needs.

“ARISE is about dreams and hopes and being able to reach for the stars. You often hear about looking outside or inside the box. There is no box at ARISE. It's all about being successful, being accomplished, being proud, and being accepted for your abilities.”

-Agnes McCray

ARISE Consumer Council President, Board Member, and Foundation Secretary



Your Stories: Casey

Casey's daughter, Emma, participated in our first 21-Day Challenge. This is what she had to say:

The 21-Day Challenge was such a success for Emma! Not only did she enjoy it but it proved to help her core strength tremendously. And it has continued to translate almost a year later with weekly sessions. The kids encouraged each other and the parents had a chance to share experiences. ARISE at the Farm ROCKS for giving this program a chance!

With such great results, we are thrilled to add this innovative program into our annual programming.

The 21-Day Challenge is made possible through the generosity of board leaders and community members who want to make dreams come true.

We welcome volunteers who are interested in being a part of this wonderful experience. Gifts to the ARISE Foundation for the 21-Day Challenge will change lives.



JOIN THE MOVEMENT - FIND YOUR PASSION

We couldn't do it without support from community members like you. Join the movement and work with us to create a fair and just community in which everyone, regardless of their disability, is able to participate.



Join the Movement:

- **Focus your giving to support the change you want to see.**
We all have our passions. From social justice to enriching lives, you can direct your gift to a specific initiative and create the impact that matters most to you. You even have the power to designate your gift to a specific program.

CORE FOCUS AREAS:

Removing Barriers - Access, equality, and social justice

Sustaining Needs - Building safety nets in the community

Strengthening Skills - Fostering independence and growth

Enriching Lives - Recreation, art, and adventure

Today and Tomorrow - Meeting emerging and future needs

- **Make a gift that lasts well beyond your lifetime.**
A gift to our endowment, naming ARISE in your will, and gifts of stock are some of the most important investments you can make to ensure the future of our services. Your impact will multiply in perpetuity and continue to touch lives for generations to come.
- **Honor your loved ones and celebrate special occasions.**
Tribute gifts are a wonderful way to honor the special people and occasions in your life while making a difference for others. And, continuing a loved one's legacy by asking that gifts in their memory be made to ARISE makes it possible for people of all ages and abilities to achieve success.
- **Sponsor a special event.**
Share your voice as an agent of change and receive recognition by providing financial support.
- **Share your time and expertise.**
Become involved in a committee to assist with a special event, help out at the Farm, build a ramp, sign up to spread the word about ARISE, or consider becoming a board member. There are many ways to join our mission.

Ways You Can Give:

- **Donate Online at ariseinc.org.**
Make a secure credit card contribution online by visiting our website or scanning the QR code.
- **Donate By Mail.**
You can mail your donation made payable to:
ARISE Foundation, 635 James Street, Syracuse, NY 13203



To learn more about ways you can get involved, contact Nancy Kern Kronen, Director of Development & Public Relations, at (315) 671-2903 or nkronen@ariseinc.org.



Your Stories of Giving

When Rob was planning his Bar Mitzvah, he chose to enrich lives by asking that all gifts be made to the Farm.

Gifts made in memory of Millicent Adsit continue her legacy and touch lives by supporting our work to provide opportunities and access.

A devoted volunteer asked that friends and family honor his 50th birthday by giving to the 21-Day Challenge and celebrating success.

Through the gifts made in memory of Eileen Pelin, children in our Oswego Youth Groups will have more opportunities for adventure.

And, one family celebrated Christmas and independence by giving to the ARISE Foundation instead of each other.

We are humbled and inspired by all the ways people in our community have chosen to celebrate and honor their loved ones by supporting our work to create independence and access for all.

LEADERSHIP

BOARD OF DIRECTORS

Tania Anderson, President
Matt Dadey, Vice President
Mitch Mitchell, Treasurer
Gary Forbes, Secretary
Greg Callen
Michael Cook
John Donovan
Linda Erb
Janet Haskins
Maurie Heins
John Izzo
Susan Judge
Michael Klaehn
Agnes McCray
William Porta
Don Scholl

FOUNDATION BOARD OF DIRECTORS

Denise McGraw, Chair
Jeffrey Grimshaw, Vice Chair
Don Scholl, Treasurer
Agnes McCray, Secretary
John Bosco
Kim Brown
Edward Cook
Marianne De Lorenzo DiNiro
David Dreverman
Lynn Hamilton
Carol Kranz
Tom McKeown
Kristen Smith

STAFF LEADERSHIP

Tom McKeown
Executive Director
Susan Craig
Director of Quality Improvement & Corporate Compliance
Sabine Ingerson
Director of Oswego County Offices
Nancy Kern Kronen
Director of Development & Public Relations
Kimberly Langbart
Director of Mental Health Services
Kim Lipke
Director of Finance
Nina Lutz
Director of Independent Living Services
Karen Lynch
Director of Human Resources
Sue Rogers
Executive Assistant



ABOUT US

Founded in 1979 as one of New York State's eight original Independent Living Centers, ARISE acts as a catalyst for community change.

We provide services that promote the social, educational, economic, and individual interests of people with disabilities. We are guided by the philosophy that people with disabilities have a right to dignity, personal responsibility, and self-determination.

CONSUMER CONTROL

People with disabilities are active in our governance and day-to-day management. A majority of our board of directors are individuals who have a disability and our consumers determine the services that they receive.

ADVOCACY

ARISE helps people with disabilities advocate for themselves. We seek to overcome systems and institutional barriers to individual freedoms that prevent people with disabilities from fully participating in our communities.

CIVIL RIGHTS ORIENTATION

We assure that the rights of people with disabilities are protected by law and enforced in practice.

CROSS-DISABILITY REPRESENTATION

ARISE serves people with all types of disabilities. Likewise, people with all types of disabilities serve on our board, staff, and as volunteers.



PROGRAMS & SERVICES

ADVOCACY & ACCESSIBILITY

- Accessibility Resource Center
- Advocacy & Support Groups
- Home Modification Program
- Medical Equipment Loan Closet
- Public Accommodation Assistance
- Ramp Construction Assistance
- Systems Advocacy

BASIC NEEDS & ASSISTANCE

- Benefits Advocacy
- Consumer-Directed Personal Assistance
- Housing Advocacy
- Information & Referral
- Medicaid Service Coordination
- Peer Counseling
- Respite Services
 - After-School Respite
 - In-Home Respite
- Regional Oversight for NYS Medicaid Waiver
 - Nursing Home Transition & Diversion
 - Persons with Traumatic Brain Injury
- Veterans Outreach Program

EDUCATION, EMPLOYMENT, & SKILL BUILDING

- Education Advocacy
- Employment Programs
 - ACCES-VR Entry Services
 - Direct Job Placement
 - Enhanced Supported Employment
 - Staffing Services for Businesses
 - Supported Employment
- Habilitation (Skill-Building) Programs
 - Community Habilitation
 - Day Habilitation (Group & Individual)
- Independent Living Skills Training
- Literacy Zone Partnership

HEALTH & WELLNESS

- Breast Health Awareness & Outreach
- Early Recognition Program
- Equine Therapy Program
- Health Care Advocacy
- Outpatient Mental Health Services
 - Child Abuse Prevention Services
 - Cognitive Behavioral Therapy
 - Dialectical Behavioral Therapy
 - Domestic Violence Counseling
 - Integrative Care
 - Medication Evaluation & Management
 - Post-Traumatic Stress Disorder Treatment
 - Rural Mental Health
 - Substance Abuse Treatment
- Project Emerge - Working to End Domestic Violence Against People with Disabilities
- School-Based Mental Health Program
- Therapy Groups
 - Anger Management Therapy Group
 - Co-Occurring Disorder Therapy Group
 - Skill-Building Therapy Group

RECREATION & ART

- ARISE & Ski
- ARISE at the Farm
 - Adaptive & Therapeutic Horseback Riding
 - 21-Day Challenge
 - Cart Driving
 - Inclusive Camps
 - Adult Camp & Tot Camp
 - School Break Camp (Spring & Winter)
 - Summer Camp & Horsemanship Camp
 - Recreation Activities
 - Cycling & Fishing
 - High & Low Ropes Course
- Social & Support Groups
- UNIQUE Magazine



MAJOR SUPPORT

DONORS WHO GAVE \$10,000+

Constellation Energy
 CNY Affiliate Susan G. Komen For The Cure
 P. Drescher Incorporated
 OnCare
 United Way of Central New York

ARISE AT THE FARM

We remain forever grateful for the gift of ARISE at the Farm by Dr. James Marshall. Thousands of lives have been and continue to be touched by his vision and dream.

DONORS WHO GAVE \$2,500 - \$9,999

Alliance Bank
 Jim and Kathy Burns
 Empower Federal Credit Union
 Hayner Hoyt Corporation

Haylor, Freyer & Coon, Inc.
 J.W. Burns and Company
 Investment Counsel
 M&T Bank

PurEnergy, LLC
 Don Scholl
 United Way of Greater Oswego
 County

DONORS WHO GAVE \$1,000 - \$2,499

Adam's Apple Services, Inc.
 Family and Friends of Millicent Adsit
 Aiello Family Charitable Trust
 Tania Anderson
 Beacon Federal
 The Bonadio Group
 Bond, Schoeneck & King
 Sedalia Brown-Harrison
 Mr. and Mrs. John V. Conti
 Dermody, Burke & Brown
 Entergy Nuclear Options, Inc.
 The EQUUS Foundation

Gary and Julie Forbes
 Tim, Sue, and Robert George
 National Grid
 Jeffrey Grimshaw
 Family and Friends of Bev Hamilton
 KeyBank
 Nancy Kern Kronen and
 R. Douglas Eaton
 Tom and Lynne McKeown
 Nojaim Bros.
 Onondaga Hearing Services
 Family and Friends of Eileen Pelin

William Porta and Regina Conti
 Reefer Compressor and Parts, Inc.
 Relph Benefit Advisors
 Galit Sarfaty and Adam Saunders
 Michael Shimoide
 SUNY Oswego
 United Community Chest of
 Cazenovia, Fenner and Nelson
 Welch Allyn
 Susan Werner

DONORS WHO GAVE \$500 - \$999

BNY Mellon
 Susan L. Dean
 Eagle Beverage Co.
 Sean Flynn
 Fulton Savings Bank
 Gerardi Family
 Brian Haynes
 Howard Charitable Foundation
 INFICON, Inc.

Susan and Edward Judge
 Lockheed Martin Employees
 Federated Fund
 Denise and Owen McGraw
 MVP Health Care
 Steven Napoli Jr.
 Dr. Richard and Robin O'Brien
 Gail Paster
 Pathfinder Bank

Paul V Moore High School
 Paul Politzi
 Lynn Schweikert
 Michael Sierotnik
 Jack and Linda Webb
 Family and Friends of
 Christopher Weiss

We are grateful to all donors and apologize if we have made an error or omission.



MAJOR IN-KIND SUPPORT

the bikery
 Bond, Schoeneck & King
 Century Decorations
 Everson Museum of Art
 Friends of Fort Ontario
 Gardner Landscapes
 Bob and Pam Getek
 Integrated Marketing

Kinsella Quarries
 Paul Little
 Murdock's Bicycles
 and Sports
 NewsChannel 9 WSYR
 Papa's Sports
 Raby's Ace Home Center
 Russo Produce

Syracuse Medical Equip. Repair Inc.
 Toggenburg Mountain Winter
 Sports Center
 TOPS Friendly Markets
 Upstate Consulting Services
 WAER
 Woodchuck Saloon

COMMUNITY PARTNERS AND GOVERNMENT AGENCIES

Burton Blatt Institute at S.U.
 City of Syracuse Department of
 Community Development
 Elim Grace Christian Church
 Fulton Art Association
 Fulton First United Methodist Church
 May Memorial Unitarian
 Universalist Society
 New York State Fair
 New York State Department of Health
 New York State Department of
 Education, Office of Adult Career
 and Continuing Education Services
 (ACCES)
 New York State Developmental
 Disabilities Planning Council
 New York State Office of Children and
 Family Services
 New York State Office of Mental Health

New York State Office for People
 With Developmental Disabilities,
 Central New York Developmental
 Services Office
 Onondaga County Department of
 Aging and Youth
 Onondaga County Department of
 Community Development
 Onondaga County Department of
 Long Term Care
 Onondaga County Department of
 Mental Health
 Onondaga County Department of
 Social Services
 Oswego City School District
 Oswego County Autism Task Force
 Oswego County Department of
 Social Services
 Oswego First United Methodist Church

P.E.A.C.E., Inc.
 RSVP of Oswego County
 St. Francis Farms
 SUNY Oswego Office of Business
 and Community Relations
 SUNY Upstate Medical University
 Pediatric Clinic
 Syracuse City School District
 Syracuse Community Health Center
 Syracuse Stage
 Temple Adath Yeshurun
 U.S. Department of Education, Office of
 Special Education and Rehabilitative
 Services, Rehabilitation Services
 Administration



ARISE

foundation

Established in 2011, the ARISE Foundation
 ensures the future of ARISE services for
 generations to come.

To learn how to get involved, contact
 Nancy Kern Kronen at (315) 671-2903 or
nkronen@ariseinc.org.



FINANCIAL REPORT

FISCAL YEAR 2012
(JULY 1, 2011 - JUNE 30, 2012)

STATEMENT OF FINANCIAL SUPPORT

ASSETS	
Current Assets	2,774,000
Property & Equipment	2,115,000
Other Assets	3,000
Total Assets	4,892,000

LIABILITIES AND NET ASSETS	
Current Liabilities	1,352,000
Long-Term Debt	1,106,000
Net Assets	2,434,000
Total Liabilities and Net Assets	4,892,000

Note: Figures in charts are rounded to the nearest thousand.

STATEMENT OF ACTIVITIES

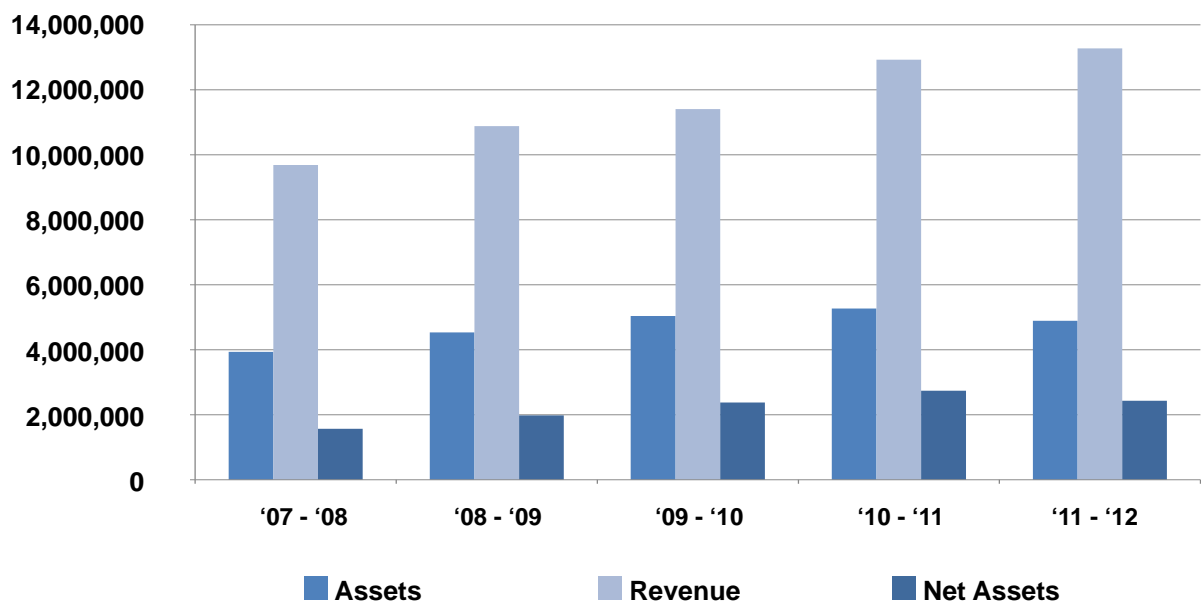
SUPPORT & REVENUE	
Program Revenue	10,532,000
Grant Revenue	2,462,000
Donations and United Way of CNY	270,000
Other Income	13,000
Total Support and Revenue	13,277,000

EXPENSES	
Consumer Support Services	3,778,000
Oswego Operations	2,586,000
Mental Health Services	1,922,000
Outreach Services	1,639,000
General and Administrative Services	1,555,000
Madison County Services	747,000
Employment Services	603,000
Inclusive Recreation Services	295,000
Advocacy Services	161,000
Fundraising	56,000
Total Expenses	13,342,000
Change in Net Assets	(65,000)





FIVE YEAR GROWTH



“I give to ARISE because it’s the soul of the community. It’s a place where everybody is equal, regardless of your abilities.”

-Jeff Grimshaw

ARISE Foundation Vice Chair and SUNY Oswego Director of Business and Community Relations





635 James Street
Syracuse, NY 13203

ariseinc.org

 /ARISEcny

 @ARISEcny

Non-Profit Org.
U.S. Postage
PAID
Syracuse, NY
Permit No. 1629

**Main Office and
Onondaga County Office**

635 James Street
Syracuse, NY 13203
Phone: (315) 472-3171
TTY: (315) 479-6363

Oswego County Office

9 Fourth Avenue
Oswego, NY 13126
Phone: (315) 342-4088
TTY: (315) 342-8696

Madison County Office

131 Main Street, Suite 107
Oneida, NY 13421
Phone: (315) 363-4672
TTY: (315) 363-2364

Pulaski Office

2 Broad Street
Pulaski, NY 13142
Phone: (315) 298-5726

ARISE at the Farm

1972 New Boston Road
Chittenango, NY 13037
Phone: (315) 687-6727

Fulton Office

113 Schuyler Street, Suite 2
Fulton, NY 13069
Phone: (315) 887-5156



Report Offered in Alternative Formats

Portions of any ARISE publication designed for distribution are available in alternative formats upon request. Please contact our Information and Referral Specialist at (315) 472-3171.

